



Art Therapist

Sivan Golan Weinstein, BA(HMSS) , MA(AT)



## Expatriate's lifestyle; search for balance

- Are you entangled in a lifestyle completely overwhelmed by your family's expatriation?
- Do you feel that you are performing an axial and salient role for your family but are often taken for granted with little recognition and satisfaction?
  - Looking for a meaningful anchor in life?

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The Art Therapy workshop will help you to answer some of those questions.

Including 3 sessions of 120 minutes;

1. The relocation experience as seen by newcomers and long-time expats.
2. My role, who am I and what I represent in different circles.
3. Looking for the meaningful and the balance.

Dates:

Monday, September 6; 10:00-12:00

Monday, September 13; 10:00-12:00

Monday, September 20; 10:00-12:00

SGD 300 inc GST

The Art Therapy workshop **does not** require any artistic skills.

For more information about the workshop: [www.bodywithsoul.com/events.php](http://www.bodywithsoul.com/events.php)

Booking: 67790660

All sessions conducted by Sivan Golan Weinstein  
MA(AT) certified and experienced Art Therapist

